

NHLCA FEATURE DRILL

MAY 15, 2024

SMYTHE WARM-UP

Category: Warm-Up

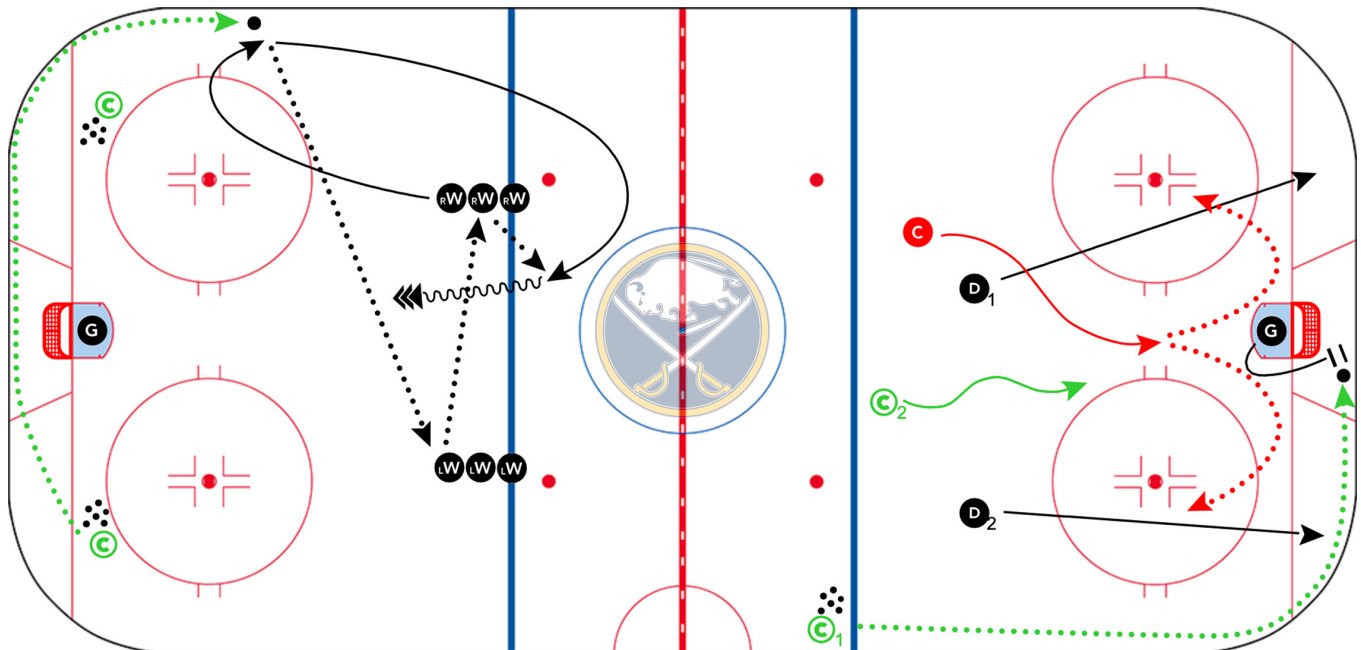
Team: Buffalo Sabres

Description: **Left Side**

- Wingers work on rims — long shots for the goalies.

Right Side

- **D** and **C** work on goalie handles.
 1. Coach 1 rims puck to the goalie.
 2. **D** work back to trapezoid.
 3. **C** supports through paint.
- Coach 2 forechecks, taking away an option.
 1. **D** & **C** communicate with the goaltenders to breakout.



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