NHLCA FEATURE DRILL

APRIL 1, 2025

ACTIVATOR 3 VS 2

Category: 1 on 1/2 on 1/3 on 2

Team: Washington Capitals

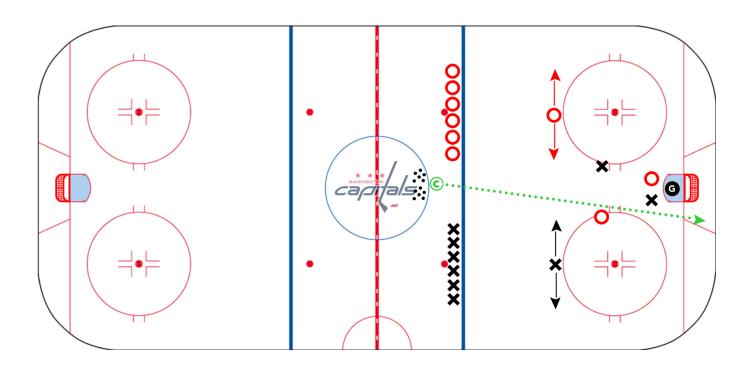
Description: – Set up in one zone (one goal).

Players line up in two teams across the blue line.

Each team has one activator at the tops of circles who can move laterally across the top
of his circle between the hash mash marks.

 Coach fires puck into zone to activate in zone 2 vs 2 game — when one team passes to the activator, he becomes Part of the game creating 3 vs 2.

 When the other team gets the puck to their activator, they play 3 vs 2 with the first activator returning to the top of the circles.





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