

NHLCA FEATURE DRILL

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KIRKWOOD

Category: Goaltending

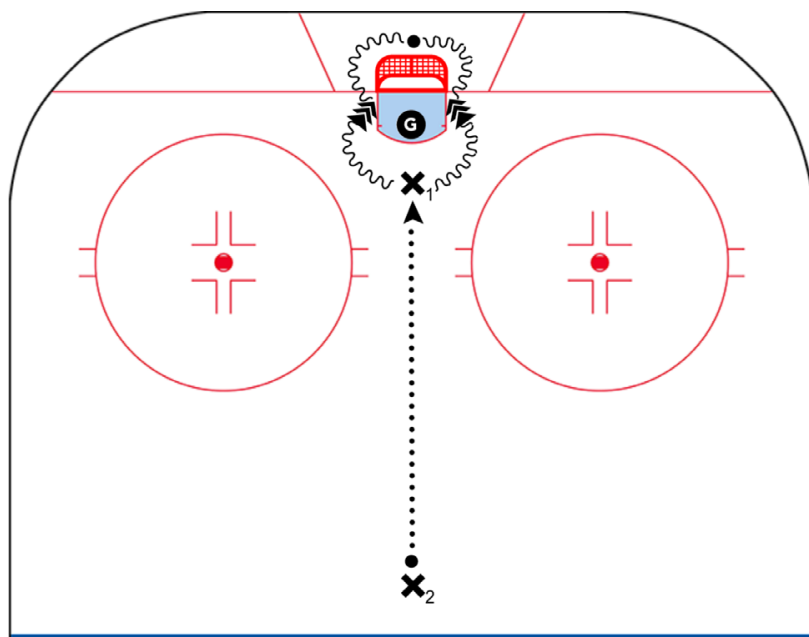
Team: Calgary Flames

Description:

- **X2** pass to **X1**.
- Right away **X1** moves left or right and shoots low.
- After **X1** shoots, **X1** stays on same side of net and picks up puck behind the net for a wrap or jam.
- **G** has to collapse and stay down on initial shot in tight and then rotate and recover to post.
- Clean post entry is vital.

Key Points

1. **G**'s has to stay down on the puck.
 2. Good rotation into post.
 3. Hit post with proper integration.
 4. Be organized.
 5. Don't reach.
 6. Find **X1** behind net, reverse track.
 7. Good stick positioning on posts.
 8. Play out loose pucks.
 9. 5 times each sides.
- Clean entries.
 - Rotations into post.
 - Staying down on the puck.
 - Crease management.



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